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Recently, Mannatech Optimal Health Products (OHP), a line of dietary supplements also known as *glyconutrients*, has been promoted as a possible treatment or cure for cystic fibrosis (CF). Whereas these products may have health benefits for people with CF, there is very little scientific evidence to corroborate these claims. In addition, there is no data as to the safety of these supplements when taken in high doses for a period of time.

The CF Foundation has previously invited Mannatech to submit a grant application so that a scientific clinical trial of glyconutrients in people with CF can be conducted. To date, Mannatech has not submitted an application. Therefore, the CF Foundation cannot responsibly recommend that people with CF use Mannatech products, or other glyconutrients. When more scientific data concerning the use of these products for CF becomes available, the CF Foundation will encourage a review of the data by CF researchers, physicians and care teams. We encourage everyone with CF to consult with their CF care center physician before introducing any new treatment, medication or dietary supplement into their regimen or before removing a prescribed therapy from their treatment plan.

For information on the limits of FDA review of dietary supplements, see: <http://www.cfsan.fda.gov/~dms/ds-overview.html#what>